

## News Release



03 January 2015



## Ski High Over Castle Mountain / Rock the Dogtooth Dash / Learn Tricks of the Pros

### Be a Part of the Canadian National Ski Mountaineering Championships



Essential links for your 2015 Ski Mountaineering Calendar

<http://www.alpineclubofcanada.ca/athletics/ski-mountaineering/castle-mountain-skimo-race-2015>

<http://www.skintrack.com/dogtooth-dash-skimo-race>

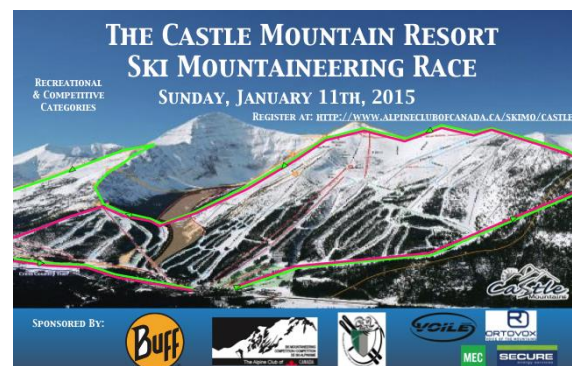
<http://www.skintrack.com/manual-for-ski-mountaineering-racing>



### 3<sup>rd</sup> Annual CASTLE MOUNTAIN SKI MOUNTAINEERING RACE on Sunday 11 January 2015

Next weekend come down to the wild snow, back woods, and Front Range ridges at Castle Mountain Resort. After 3 weather adjustments to the course last year, we're aiming for the heights again with both the

Recreational and Elite routes. Introductory clinic in afternoon on Saturday 10<sup>th</sup>. Always one of the best organized and well-prized events on our calendar, now even better with Canadian series sponsors Buff Canada. Race organizer Brent Harris has already weeded out the first uptrack. All entry and information here: [www.alpineclubofcanada.ca/athletics/ski-mountaineering/castle-mountain-skimo-race-2015](http://www.alpineclubofcanada.ca/athletics/ski-mountaineering/castle-mountain-skimo-race-2015)



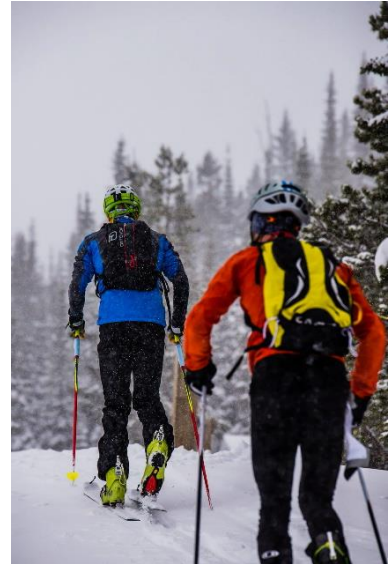
7<sup>th</sup> Annual DOGTOOTH DASH SKIMO COMPETITION at Kicking Horse Mountain Resort, BC



  
Canada's Premier  
Ski Mountaineering  
Race

24 January 2015

Everybody can play, and win!  
(Levon Jensen photo)



Ski the famous figure-8 course over the peaks of Kicking Horse Mountain Resort! Register and race, volunteer, or come out to see and cheer. Great early season snow, and a course that works for first timers and international level racers alike. Now with an increased Continental-level profile as we groom this one for possible ISMF World Cup status. Cash prizes for top 4 on the long course. Gear. Included dinner Saturday night, free ski pass for Sunday. Make your season at Canada's premier ski mountaineering competition.

<http://www.skintrack.com/dogtooth-dash-skimo-race>



International Ski  
Mountaineering  
Federation

## 'How To' Now in English



All the details are here – how to race, tweak your setup, how to train, costs, encouragement, history. This is the book for the potential racer, to inform your lightweight touring and ski mountaineering, or to be a reference and talking point in you're already a seasoned competitor. Take it to the next level. You're not as good as you're going to get this season. Not yet!

<http://www.skintrack.com/manual-for-ski-mountaineering-racing>

**RESULTS & SELECTION** See last year's results, and athlete's ranking over the winter of 2014 here:  
[www.alpineclubofcanada.ca/skimo](http://www.alpineclubofcanada.ca/skimo)

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Contact Stano Faban for Dogtooth Dash details: +1 (778) 898-7780 or [skier@skintrack.com](mailto:skier@skintrack.com)

**COMING UP BEFORE THE END OF APRIL:**

National Ski Mountaineering Team competes on ISMF calendar in Europe. ROAM Randonnee Rally at Whitewater Cold Smoke, Nelson, BC. Ken Jones Classic at Lake Louise, AB. Revelstoke Mountain local race. End of season party.

**Stay tuned!**

*Hey! We're training every Thursday night at Canada Olympic Park on the west edge of Calgary. Join us if you're in the area – heavy gear, light gear, skin suits, babies – all welcome. Bright lights, big city!*

<http://www.meetup.com/Calgary-Ski-Mountaineering-Club>